

LADAKH PEOPLE

1996

*A photographic and inspirational journey about
the people of Ladakh, the last Shangrila and home of
the Dalai Lama in the northern part of India.*



© Welcome to Ladakh - India. Welcome to the land of high passes and its wonderful people. ©

Panoramic view on a fertile valley behind Markha – August 1995



☺ Do not worry. A wonderful year lies ahead of / is waiting for you. ☺

Colorfully dressed mother with a crying child sitting at a road in the capital of Ladakh, Leh – August 1995



☺ Enjoy the first sun rays on your red cheeks. ☺

Radiant girl in the evening sun during a walk in the northern part of the town Leh – August 1995

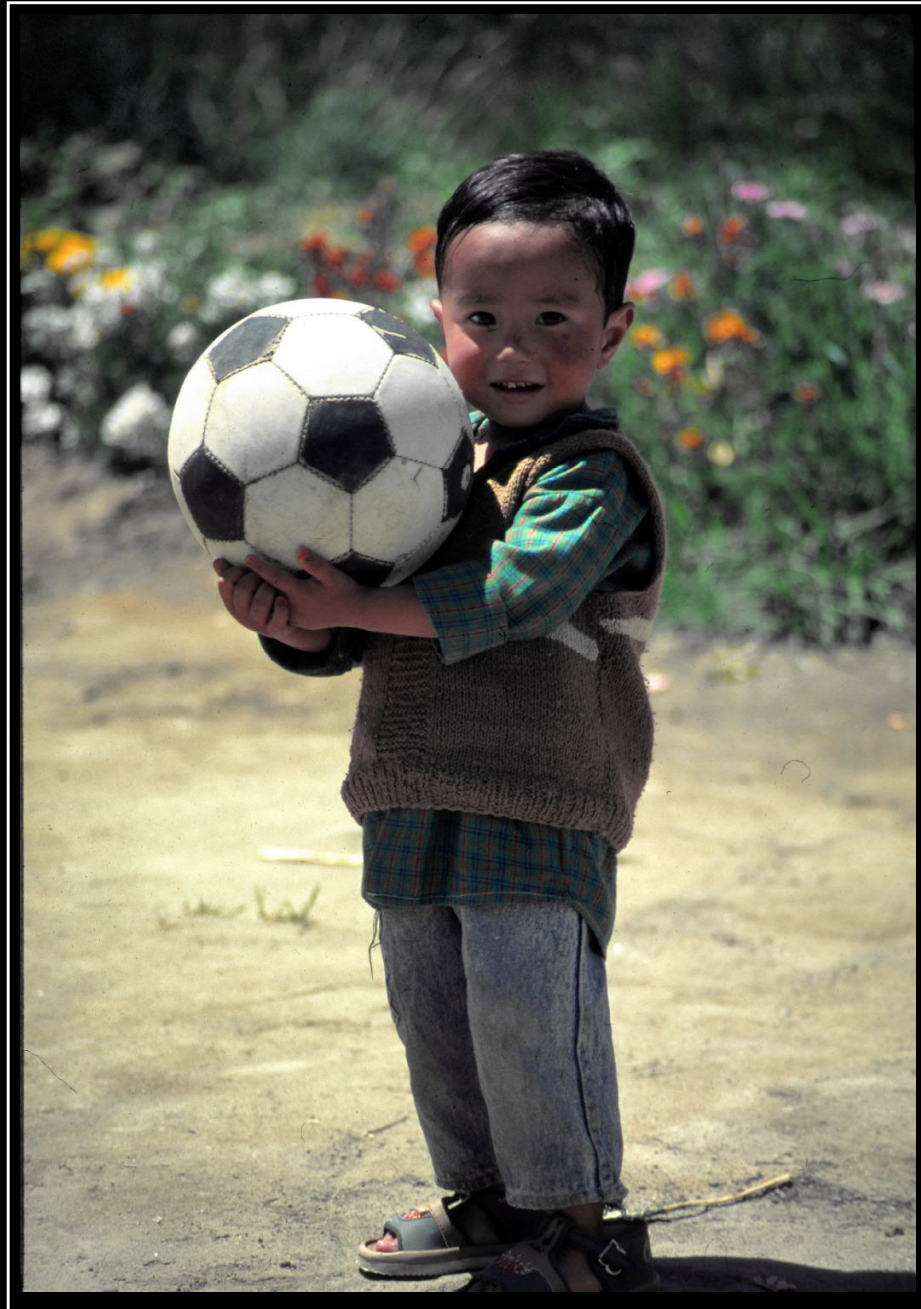


☺ Glide unharmed through all obstacles constricting you. ☺
Curious child behind a barbed wire fence in Leh, the capital of Ladakh – August 1995



☺ Smile every day and you are sure of the joy of life. ☺

Beautiful woman with a bracelet smiling in a village along the Markha Valley Trek – August 1995



☺ No obstacle is too big for you. ☺

Well-groomed son of my guest family in Leh with a hug soccer ball – August 1995



☺ Adorn yourself with the beauties of this earth. ☺

Woman with traditional jewelry and hat along the Markha Valley Trek – August 1995



☺ Have you already been flirting today? ☺

Smiling girl I met during an evening walk in the northern part of the town Leh – August 1995



☺ Turn your wheel of life according to your inner speed and rhythm. ☺

A donkey driver spins his prayer wheel joyfully during the Markha Valley Trek – August 1995



☺ Open your eyes. The world is full of big and small wonders. ☺

Baby with huge eyes in an accommodation on the Monastery Trek – August 1995



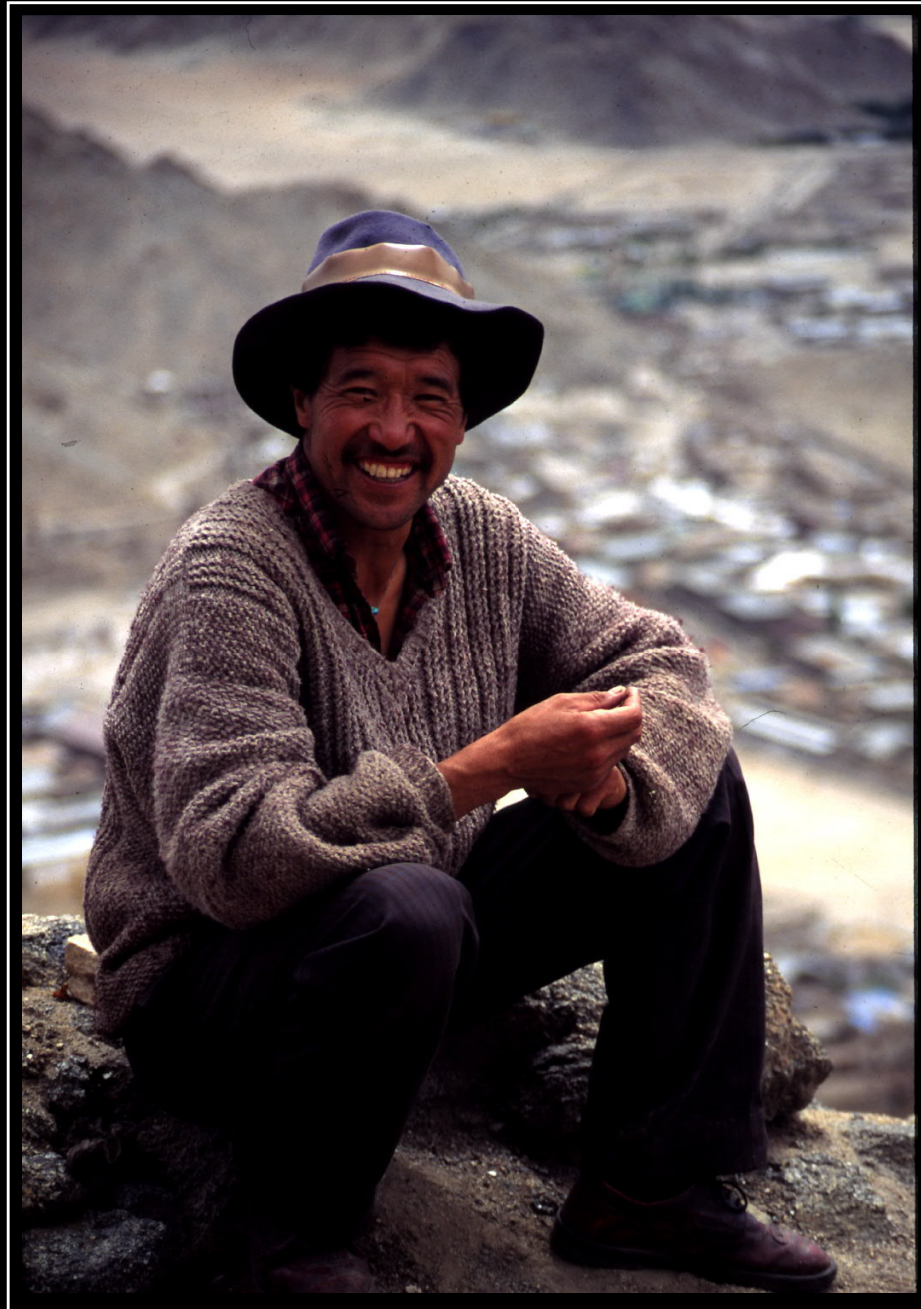
☺ Enjoy the warm stove and the autumn sun. ☺

Little mother sits comfortably behind a stove with her traditional hat on along the Monastery Trek – August 1995



☺ When it gets cloudy outside, you don't need to feel sad inside. ☺

A little skeptical looking boy along the Markha Valley Trek – August 1995



☺ Be happy and have a cheerful time - also in the upcoming year. ☺

Laughing Ladakhi man with hat on the castle of Leh – August 1995



☺ The rainbow appears where you let the sun dry your tears. ☺

Bonus-Pic: Mountain range gilded by the evening sun and spanned by a rainbow along the Markha Valley Trek – August 1995

THANK YOU

for your

TIME